



<b>B</b>																	
Tuna Wrap		C		C	C												
Banana																	
Vegetable Bag	C																
Mini Muffin		C		C			C					M	M				
Fromage Fraise							C										
<b>C</b>																	
Cheddar Cheese Brown Roll		C					C							C			
Apple																	
Vegetable Bag	C																
Chocolate Cookie		C		M			C			M				C			
Fruit Yoghurt							C										
<b>D</b>																	
Houmous & Vegetable Sticks	C												C				
Pear																	
Vegetable Bag	C																
Fruit & Rasins																	C
Fruit Jelly																	

C= Contains

M= May contain























WEEK 2	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
<b>MONDAY</b>														
Football Burger		C					C		C				C	C
Football Veggie Burger		C												
Onion Rings		C												
Fruit Coleslaw				C										
Batman Shortbread		C		C			C						C	C
<b>TUESDAY</b>														
Fantstic Sausage		C												C
Vegan Sausage		C											C	
Mashed Potato							C							
Dorset Apple Cake & Cream		C		C			C							
<b>WEDNESDAY</b>														
Ham & Cheese Pizza		C					C						C	
Cheese & Tomato Pizza		C					C						C	
Baked Beans														
Pancakes, Fruit & Cream		C		C			C						C	
<b>THURSDAY</b>														
Roast Chicken														
Stuffed Pepper														
<b>FRIDAY</b>														
Breaded Square Fish		C			C				C					
Falafel & Spinach 1/4 Pounder		C												
Fruit Jelly														
<b>DAILY</b>														
Tuna Mayonnaise				C	C									
Grated Cheese							C							
Yoghurt							C			M	M			







Contains Pork

WEEK 3	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA
	<b>MONDAY</b>												
Fantstic Sausage		C											
Vegetarian Sausage		C											C
Jam Doughnut		C		M			M					M	M
<b>TUESDAY</b>													
BBQ Chicken Tortilla Wrap		C											
BBQ Quorn Tortilla Wrap		C		C									
Blueberry Muffin		C		C			C					M	M
<b>WEDNESDAY</b>													
Sweet & Sour Pork & Prawn Cracker		C	C						M	M	M		C
Sweet & Sour Vegetables									M	M	M		C
Strawberries & Cream							C						
<b>THURSDAY</b>													
Roast Beef													
Yorkshire Pudding		C		C			C						
Mushroom & Stilton Wellington		C					C						
<b>FRIDAY</b>													
Fish Fingers		C			C								
Fishless Fingers		C											
Chips													
Strawberry Cheesecake		C					C						
<b>DAILY</b>													
Spaghetti Hoops		C											
Grated Cheese							C						
Seafood Mayonnaise			C	C	C								
Yoghurt							C			M	M		

SULPHUR DIOXIDE

Contains Pork

C	C


C	C






## **Packed Lunch A**

White Bread	Wheat Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, Soya Flour, Salt, Preservative: E282, Emulsifiers: E472e, E471, E481, Flour Treatment Agent: Ascorbic Acid
Honey Glazed Gammon Ham	Pork Leg, Salt, Emulsifier E451(i) & E450. Sugar, Preservatives E250 & E251, Antioxidant E301. Honey, Colour E150c.
Kerrymaid Buttery Spread	Water, Rapeseed Oil, Palm Oil, Reconstituted ButterMILK (3%), Salt (1.5%), Emulsifier: Mono and Di-glycerides of Fatty Acids, Preservative: Potassium Sorbate, Acidity Regulator: Lactic Acid, Vitamin A &D, Colour (carotenes), Flavouring.
Vegetable Bag	Celery, Carrot, Mange Tout, Cherry Tomato

## **Packed Lunch C**

Cheddar Cheese	Mature Cheddar (MILK), Cheese Alternative (Water, Palm Oil, Modified Starch, Salt, Potato Starch, Emulsifier: Trisodium Citrate, Colours: Titanium Dioxide & Beta Carotene, Preservative: Potassium Sorbate, Acidity Regulator: Lactic Acid) Anticaking agent:
Brown Roll	Wheat Flour (Calcium, Iron, Niacin, Thiamine) Vegetable Fat (Palm), Salt, Dextrose, Emulsifier (Sodium Steroyl-2-Lactylate, Mono & Diglycerides of Fatty Acids), Wheat Flour (Calcium, Iron, Niacin, Thiamine), Vegetable Oil (Rapeseed), Stabiliser (Calcium Sulphate), Enzymes, Flour Treatment Agent (Ascorbic Acid (E300)) Saccharomyces Cerevisiae Wheat
Kerrymaid Buttery Spread	Water, Rapeseed Oil, Palm Oil, Reconstituted ButterMILK (3%), Salt (1.5%), Emulsifier: Mono and Di-glycerides of Fatty Acids, Preservative: Potassium Sorbate, Acidity Regulator: Lactic Acid, Vitamin A &D, Colour (carotenes), Flavouring.
Vegetable Bag	Celery, Carrot, Mange Tout, Cherry Tomato

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## Chocolate Cookie

WHEAT Flour (WHEAT Flour, Calcium carbonate, Iron, Niacin, Thiamin), Sugar, Belgian MILK Chocolate(18%) (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Margarine (Palm Oil, Rapeseed Oil, Water, Coconut Oil, Emulsifier: Mono- And Diglycerides Of Fatty Acids; Natural Flavouring), Water, Maltodextrin, Palm Oil, Rapeseed Oil, Butterfat (MILK), Whey Powder (MILK), Stabiliser: Glycerol; Invert Sugar Syrup, Molasses, Raising Agent: Sodium Carbonates, Diphosphates.

**Packed Lunch B**

Tortilla Wrap	WHEAT flour (with calcium, iron, niacin, thiamin), water, rapeseed oil, raising agents (E450, E500, E341), salt, sugar, acidity regulators (E296, E330), yeast, preservative (E282)
Tuna	Skipjack Tuna (FISH), Water, Salt
Light Mayonaise	Water, Rapeseed Oil, Modified Maize Starch, Spirit Vinegar, Free Range Pasteurised EGG Yolk (2.3%), Sugar, Salt, Lemon Juice From Concentrate, Stabilisers (Guar Gum, Xanthan Gum, Pectin), EGG White Powder, Citrus Fibre, Preservative
Vegatbale Bag	Celery, Carrot, Mange Tout, Cherry Tomato

**Packed Lunch D**

Houmous	chick peas, water, antioxidant: ascorbic acid, Lemon juice from concentrate 60%, Water, Acidity Regulator: Citric Acid; Preservative: Potassium METABISULPHITE Roasted Pulped SESAME Seeds. Rehydrated Garlic (98%), Acidity Regulator (Citric Acid). Rapeseed Oil, Salt, Pepper
Vegetable Sticks	Celery, Carrot
Vegetable Bag	Celery, Carrot, Mange Tout, Cherry Tomato

WEEK 4	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
	<b>MONDAY</b>													
Cottage Pie	M						C							
Quorn Cottage Pie				C			C							
Strawberry Mousse							C							
<b>TUESDAY</b>														
Hunters Chicken														
Hunters Vegetables														
Croquette Potatoes		C												
Danish Pastry		C		C						M			M	
<b>WEDNESDAY</b>														
Chicken Meatballs		C												C
Vegetarian Meatballs	M	C		M					M			M	C	
Curly Pasta		C												
Swiss Roll		C		C			C							C
<b>THURSDAY</b>														
Hot Dog		C												C
Vegan Hot Dog	C	C											C	
Tortilla Chps														
<b>FRIDAY</b>														
Breaded Fish Fillet		C		C										
Mozzarella Sticks		C					C						C	
Fruit Trifle							C							
<b>DAILY</b>														
Grated Cheese							C							
BBQ Sausage		C							C					C
Youghurt							C			M	M			























Contains Pork

C


C


C