

### Introduction

**English** – This week’s topic is doing English activities in a slightly different way. We can do lots of subjects using outdoor inspiration or while being outdoors too! Writing a story doesn’t have to be with pencil and paper...

Activities	Resources Required	Potential Risks	Impact
<p><b>Skill – Find something new (Page 1)</b> Using the internet, encyclopaedia or ID book can you find a new animal or plant? Even better collect resources to identify on a walk!</p>	An Outdoor Walk and basket/bag, Internet or Identification Book, Paper and Pencil for notes, colouring pencils/pen for poster	Supervise children outside, contact with harmful plants	Children to use investigative skills to find facts about outdoor animals or plants.
<p><b>Main – Create Adventure Story Stones (Page 2)</b> Using your newly found inspiration can you create an adventure story?</p>	Pencil and Paper if desired, sharpies, smooth stones and lots of imagination	Find your stones responsibly, sharpies on clothing	Children to link their outdoor experiences to create an adventure story
<p><b>Extended Activity – Can you role play your story? (Page 3)</b> Bring your story to life!</p>	Props e.g. Lego figures, outdoor resources e.g. sticks, leaves, stones etc	Contact with harmful plants, playing with sticks/ stones – swallowing or poking.	Children to incorporate drama and role play to their story
<p><b>Mindfulness – An Ant’s World (Page 4)</b> Shrink down to the size of an ant and explore the world around.</p>	Somewhere to lie down or explore, a magnifying glass	Uneven surfaces or dangers on ground	Children to experience a calming and inspiring mindfulness activity.

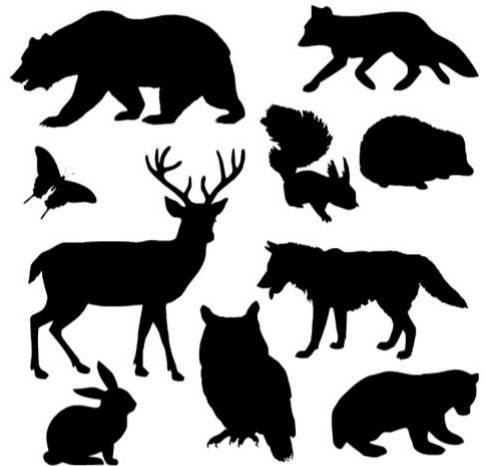
We would love to hear how you get on with your activities. Please email any feedback to: [ellen.blackwood@primary-forest-school.co.uk](mailto:ellen.blackwood@primary-forest-school.co.uk) or contact us via Facebook @PrimaryForestSchools

## ***Skill – Find Something New***

Can you find something new? Identify something you have always wanted to know the name of or explore a new area? It would be great to identify something from your local area whilst out on a walk so don't forget to take something to gather your items or a camera to get a picture of it.

You should be able to find out the following;

- Name (often wildlife and plants also have Latin names)
- Description of how it looks (this is made easier with the item in hand!)
- Can you find 3 more facts? Any special characteristics? if it's an animal, does it live anywhere or eat anything specific? If it's a plant does it flower or produce a nut or seed?
- Try and find a WOW fact about your item
- Could you draw a picture of your item? Does it have different body parts to label?
- Finally can you create a fact poster with all the amazing things you have found out about



**EXPLORE LEARN GROW**

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## Create Adventure Story Stones

You can use the facts you have just found to help you inspire you for the story. You can also try the mindfulness activity to help you too! You choose which way to create your story – whether you write it all down first or get drawing right away it's up to you!

Using your sharpies draw each part of your adventure story on your stones. If something changes in your story don't forget your stones has two sides too!

**Remember to help you create a story you need to think about the following;**

1. **A Hero** – This could be your main character who often starts as a normal person before achieving hero status
2. **A Quest** – Your character will be set a problem to solve. How will they embark on their quest?
3. **A Villain** – As your character is on their journey there is almost always a bad guy – who will your villain be, do they have any powers and how do they prevent your hero achieving their quest?
4. **An Element of Risk** – On the quest your character may have to make some difficult decisions, and put themselves or others in danger!
5. **A Transformation** – Does the quest change the main character or villain in anyway? Has the quest taught them something?
6. **Ending** – What is the result of the quest? Is it happily ever after or are there always troubles awaiting?



## Activity Extension – Role Play your Story

There is no better way when a good story comes to like in a play or show! Can you re-create your story using you as the main character, your stones or by using toy figures likes Lego or Barbie? Could you take pictures to make a story board? Or maybe set up a theatre with tickets and snacks for the family to enjoy.

- Don't forget to include lots of nature too – does your character have a home? Why not build them one from sticks or leaves?
- Does your villain have a magic potion? – grab a bucket and find your ingredients!
- If you are the main character can you make any costume parts from nature?



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## Mindfulness – An Ant’s World

This activity is great for adventure story inspiration and also for mindfulness.

This activity helps with mindfulness by making everything small – including problems! Watching the miniature world around us can help us relax but also give a peaceful moment to work on problem solving. This activity is great to do anywhere – inside and out, and sometimes it can give you a different perspective of the world around us.

When you look into an Ant’s World everyday outdoor items we are used to like blades of grass or a crack between paving stones is no challenge for us humans. But what about if you were the size of an ant? Would that crack in the paving stone cause a problem in your adventure story? If you were to replicate this as a challenge for humans what kind of environment would it be?

Best way to imagine an Ant’s World is by lying down on the ground outside – or at least get as close to it as you can! Top Tip; if you have a magnifying glass you’ll be able to see all the details even better! Have a look at all the different details around and think of any plots you could create in your story. Make sure you experiment different areas of outside too – a pavement, grass or maybe near a flower bed too?

Let your imagination run free with the endless plot twists and adventures in your story.



We would love to hear how you get on with your activities. Please email any feedback to: [ellen.blackwood@primary-forest-school.co.uk](mailto:ellen.blackwood@primary-forest-school.co.uk) or contact us via Facebook @PrimaryForestSchools

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