

Introduction

English – This week’s topic is doing English activities in a slightly different way. We can do lots of subjects using outdoor inspiration or while being outdoors too! Writing a story doesn’t have to be with pencil and paper...

Activities	Resources Required	Potential Risks	Impact
<p>Skill – Find something new (Page 1) Using the internet, encyclopaedia or ID book can you find a new animal, tree or plant? Even better collect resources to identify on a walk!</p>	An Outdoor Walk and basket/bag, Internet or Identification Book, Paper and Pencil for notes, colouring pencils/pens	Supervise children outside, contact with harmful plants	Children to use investigative skills to find facts about outdoor animals or plants.
<p>Main – Create Adventure Story Stones (Page 2) Using your newly found inspiration can you create an adventure story?</p>	Pencil and Paper if desired, sharpies, 6-8 smooth stones and lots of imagination	Find your stones responsibly, sharpies on clothing	Children to link their outdoor experiences to create an adventure story
<p>Extended Activity – Can you role play your story? (Page 3) Bring your story to life!</p>	Props e.g. Lego figures, outdoor resources e.g. sticks, leaves, stones etc	Contact with harmful plants, playing with sticks/ stones – swallowing or poking.	Children to incorporate drama and role play to their story
<p>Mindfulness – An Ant’s World (Page 4) Shrink down to the size of an ant and explore the world around.</p>	Somewhere to lie down or explore, a magnifying glass	Uneven surfaces or dangers on ground	Children to experience a calming and inspiring mindfulness activity.

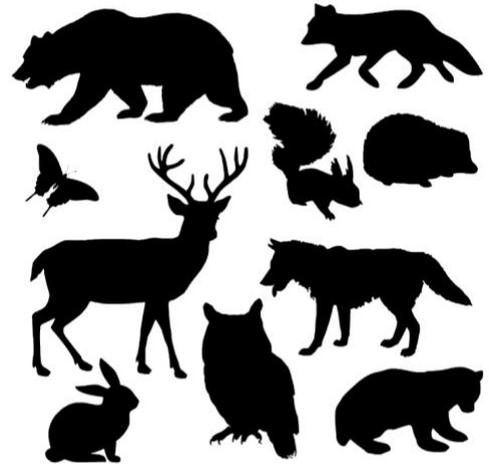
We would love to hear how you get on with your activities. Please email any feedback to: ellen.blackwood@primary-forest-school.co.uk or contact us via Facebook @PrimaryForestSchools

Skill – Find Something New

Can you find some amazing facts about an animal, plant or tree?

You should be able to find out the following;

- Name
- Colour
- Shape
- How does it feel?
- Where does it live?
- Could you draw a picture of your item? Have you included all the parts?
- Try and find a WOW fact about your item!



EXPLORE LEARN GROW

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Create Adventure Story Stones

You can use your animal or plant you have just found to help you inspire you for the story. You can also try the mindfulness activity to help you too! Using the story board can you draw the pictures for your story on stones or paper.

Main Character/ Hero	Your Adventure – Where will your story take you?	A Villain
What problem does your character find? Does it involve the Villain?	How do they solve the problem? Do they have help?	Ending – Do they all live happily ever after?



Activity Extension – Role Play your Story

There is no better way when a good story comes to like in a play or show! You could re-create your story using you as the main character, your story stones or even by using toy figures likes Lego or Barbie. What about setting up a theatre with tickets and snacks for the family to enjoy.

- Don't forget to include lots of nature too – does your character have a home? Why not build them one from sticks or leaves?
- Does your villain have a magic potion? – grab a bucket and find your ingredients!
- If you are the main character can you make any costume parts from nature?



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Mindfulness – An Ant’s World

This activity is great for adventure story inspiration and also for mindfulness.

This activity helps with mindfulness by making everything small – including problems! Watching the miniature world around us can help us relax but also give a peaceful moment to work on problem solving. This activity is great to do anywhere – inside and out.

When you look into an Ant’s World, everyday outdoor items we are used to like blades of grass or a crack between paving stones is no challenge for us humans. But what about if you were the size of an ant? Would that crack in the paving stone cause a problem in your adventure story? If you were to replicate this as a challenge for humans what kind of environment would it be?

Best way to imagine an Ant’s World is by lying down on the ground outside – or at least get as close to it as you can! Top Tip; if you have a magnifying glass you’ll be able to see all the details even better!

Have a look at all the different details around and think of any problems you could add in your story. Make sure you experiment different areas of outside too – a pavement, grass or maybe near a flower bed?

Let your imagination run free with the endless plot twists and adventures in your story.



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