

School Lunches Allergens - Spring Term 2020

St. George's Primary School

WEEK 1	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Wholemeal Fusilli Pasta	M	C													
Garlic Bread		C					M						M		
Fruit Flapjack		Oats													
Tuesday															
Panko Topped Chicken		C													
Vegetable Nuggets		C													
Wedges		C													
Apple & Cinnamon Crumble		C		M			M						M		
Custard							C								
WEDNESDAY															
Flaky Sausage Roll		C		C			C							C	
Flaky Vegan Sausage Roll		C											C		
THURSDAY															
Roast Pork															C
Stuffed Pepper							C								
Muller Corner							C								
FRIDAY															
Cod Fish Fingers		C			C										
Fish less Fingers		C													
Chips															
Oatmeal & Rasin Cookie		C		M			C			M			M		
DAILY															
Grated Cheese							C								
Baked Beans															
Fruit Pieces															
Yoghurt							C			M	M				

WEEK 2	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Cheeseburger		C					C		C				C	C	
Vegetable Burger		C											C		
Onion Rings		C													
Chocolate Sponge		C		C			C								
Chocolate Sauce							C						C		
TUESDAY															
Chicken & Chorizo Curly Pasta		C					C								C
Vegetable Wholemeal Pasta		C													
Dough Balls		C													
Gingerbread Shape		C		C			C						C	C	
WEDNESDAY															
Cottage Pie		M					C								
Soya Cottage Pie		M					C						C		
Strawberry Mousse							C								
THURSDAY															
Honey Roast Gammon															C
Vegetable Quiche		C		C			C								
Fruit Jelly															
FRIDAY															
Breaded Cod		C			C		M		M						
Vegan Style Hoi Sin Duck		C											C		
Chips															
Orange & Marmalade Sponge		C		C			C								
Custard							C								
DAILY															
Tuna Mayonnaise				C	C				C						
Grated Cheese							C								
Yoghurt							C			M	M				

WEEK 3	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Beef Lasagne	M	C					C		M						
Soya Lasagne	M	C					C		M				C		
Coconut & Jam Sponge		C		C			C								
Custard							C								
TUESDAY															
Southern Style Chicken	C	C		C			M		M				C		
Southern Style Quorn	C			C			C								
White Roll		C											C		
Custard							C								
WEDNESDAY															
Sweet & Sour Pork		C								M	M		C		C
Sweet & Sour Quorn		C		C						M	M		C		
THURSDAY															
Roast Chicken & Bacon															C
Stuffed Courgette							C								
Blueberry Muffin		C		C			C					M	M		
FRIDAY															
Fishwich		C			C										
Wholemeal Vegetable Quiche		C		C			C								
Chips															
Waffles		C		C			C			M			C		
Squirty Cream							C								
DAILY															
BBQ Sausage		C							C						C
Grated Cheese							C								
Yoghurt							C			M	M				

WEEK 4	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Mild Chicken Curry							C		C	M	M				
Mild Vegetable Curry							C		C	M	M				
Poppadum		M													
Batman Biscuit		C		C			C						C	C	
TUESDAY															
Pepperoni Pizza		C					C						C	C	
Wholemeal Pizza		C					C						C		
Onion Rings		C													
Swiss Roll		C		C			C								
WEDNESDAY															
Red Pesto & Bacon Pasta		C					C								C
Red Pesto & Veg Pasta		C					C								
Apple & Cherry Crumble		C		M			M						M		
Custard							C								
THURSDAY															
Roast Beef															
Yorkshire Pudding		C		C			C								
Vegetable Pie	M	C					C								
FRIDAY															
Cod Fillet Fingers		C			C										
Vegetable Fingers		C													
Pain Au Raisin		C		M			C			M			M		
DAILY															
Seafood Mayonnaise			C	C	C				C						
Grated Cheese							C								
BBQ Sausage		C							C					C	
Youghurt							C			M	M				

