

School Meals Allergens

Autumn Term 2019

St. George's Primary School

WEEK 1	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
	MONDAY														
Wholemeal Fusili Pasta		C													
Jam Sponge		C		C			C								
Custard							C								
Tuesday															
Whiz Bang Sausages		C												C	C
Red Onion Veggie Sausage													C		
Baked Beans															
Mashed Potato							C								
Shortbread Biscuit		C					C								
WEDNESDAY															
BBQ Beef Pizza		C					C		C				C		
Cheese & Tomato Pizza		C					C						C		
THURSDAY															
Roast Chicken															
Field Mushroom							C								
Muller Corner							C								
FRIDAY															
Cod Fish Fingers		C			C										
Fish less Fingers		C													
Chips															
Banana & Sultana Sponge		C					C								
DAILY															
Grated Cheese							C								
Baked Beans															
Fruit Pieces															
Yoghurt							C			M	M				

WEEK 2	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Chicken Curry		C							C	M	M				
Vegetable Stroganoff		C					C		C						
Naan Bread		C					C								
Dutch Apple Tart		C					C								
Squirt Cream							C								
TUESDAY															
Beef & Veg Hotpot															
Quorn & Veg Hotpot				C											
Fruit Jelly															
WEDNESDAY															
Sticky Pork Burger		C							C				C		C
Pulled Pork Style Burger		C											C		
Square Potatoes															
Rhubarb & Apple Crumble		C		M									M		
Custard							C								
THURSDAY															
Roast Beef															
Yorkshire Pudding		C		C			C								
Mashed Potatoes							C								
Carrot & Swede															
FRIDAY															
Breaded Cod		C			C										
Cauliflower Cheese Tart		C					C								
Chips															
Raspberry Ripple Cheesecake		C					C								
DAILY															
Tuna Mayonnaise				C	C				C						
Grated Cheese							C								
Yoghurt							C			M	M				

WEEK 3	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
Chocolate Sponge		C					C								
Cream							C								
TUESDAY															
Macaroni Cheese		C					C		C						
Wholegrain Fusilli Cheese		C					C		C						
Garlic Bread		C					C						M		
Apple & Raisin Rice Pudding							C								
WEDNESDAY															
Wholemeal Chicken Pie		C					C								
Wholemeal Chunky Veg Pie		C					C								
THURSDAY															
Meatloaf				C											C
Vegetable Loaf				C											
American Pancakes		C		C			C						M		
Squirty Cream							C								
FRIDAY															
Cod Fish Fingers		C			C										
Falafel Balls														C	
Chips															
Carrot Cake		C		C			C						C		
DAILY															
Spaghetti Hoops		C													
BBQ Sausage		C							C					C	
Grated Cheese							C								
Yoghurt							C			M	M				

WEEK 4	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Turkey Bolognaise	M												C		
Soya Bolognaise	M														
Spaghetti		C													
Tomato & Oregano Focaccia		C					M					M	M		
Chocolate Brownie		C		C			C								
TUESDAY															
Cheeseburger		C							C				C	C	
Vegetable Burger		C											C		
Potato Wedges															
Baked Beans															
Shortbread Biscuit		C				C									
WEDNESDAY															
Chicken & Pepperoni Meatballs		C							C				C	C	
Swedish Style Meatballs		C		C											
Squeak & Bubble							C								
Fruit Flapjack		C		C			C								
THURSDAY															
Roast Pork															
Stuffing Ball		C													
Stuffed Butternut Squash		C													
FRIDAY															
Salmon Fishcakes		C			C										
Cheese & Tomato Pizza		C					C		C				C		
Fruit Cobbler		C		C			C								
Custard															
DAILY															
Grated Cheese							C								
BBQ Sausage		C							C					C	
Yoghurt							C			M	M				

